



Pentecost 10

1 August 2021

Dear Friends,

In our reading today from John's gospel, Jesus reveals himself as God incarnate with the simple statement "I am the living bread." In Exodus, Chapter 3, God declares to the Jews in exile that he is the great "I am"; eternal, unchanging, omnipotent, greater than all created things. When Jesus echoes these words in John's gospel, he is revealing himself as one being with God. Jesus offers himself as spiritual food - living bread - that will provide life everlasting to those who believe, unlike the mana that merely sustained physical life for the exiled Jews for a time. Now, Jesus discloses he is actually 'God-in-flesh' and the fulfillment of Old Testament prophecies.

Thank you to all who support our Parish financially with weekly offertory. Particularly in these difficult times, it is so important to be able to continue our ministry within the parish and without your regular offertory, we would be unable to do so. Offertory contributions may be sent to the Parish Office by cheque (St Luke's Church Mosman, PO Box 162, Spit Junction NSW 2088), or deposited directly into our bank account (St Luke's Church Mosman, BSB 032-291, A/C 810105). Alternatively, you can contribute your offertory via:

<https://donorbox.org/st-luke-s-anglican-church-mosman-support>
(type or copy and paste into your browser).

If you would like to contact me, please feel free to do so; those details are on the back cover. I think of you all and pray for your wellbeing and strength; and that we may soon worship together in person once more. Every blessing to you all.

The Reverend Dr Max Wood, Rector



Fv Max

PLEASE PRAY FOR...



Our Diocese, Northern Region and our local church community

The Archbishop: The Most Reverend Kanishka Raffel
The Regional Bishop: The Rt Revd Chris Edwards
Northern Region: Parishes of Artarmon, Chatswood and Cremorne;
Redlands School
Local churches: Scots Kirk, Mosman; Revd Brett Graham and people

Missions 2021

Anglicare Sydney:

Mobile Community Pantry Program;
Bill Farrand, Anglicare Community Services Manager

Bush Church Aid:

BCA Indigenous Ministry Officer,
The Revd Neville Naden and Mrs Kathryn Naden

Anglican Board of Mission:

Sustainable Livelihoods Program, Kenya;
The Revd John Deane, ABM Executive Director

Those we are holding in prayer

Immediate Sick:

Jenny Willis

Those Requiring On-Going Prayer:

John Dimitric, Irina Dimitric, Heather, Bernie Walsh, Shannour, Chloe Turner,
Denise Thomas, Jackie Lockhart, Robert Rowlands, Tim Bolot, Robb Crawford,
Dorothy Bashford, Nancy Lovitt, Robert Alexander

People in Residential and Home Care:

Dawn Holdaway, Betty Gemmill, Mary Shuttleworth, Elaine Porter, Helen Huby,
Pat Wood, Jean Barton, Robin Wilks, Denis Pearson

The Prayer for the Day

Living God,
whose Son Jesus fed the hungry
with the bread of his life
and the word of his kingdom:
renew your people with your heavenly grace,
and in all our weakness
sustain us with your true and living bread;
Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Ephesians 4. 1-16

Paul wrote: I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

John 6. 24-35

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal."

Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

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St Luke's is a place of rich and diverse liturgy, where life and faith connect. We are a progressive community that welcomes all people regardless of gender, age, race, sexual orientation or religion.